

# Joe S.



**Certified Personal Trainer  
Team Member Since: 2013**

## Education & Certifications

- BS in Physical Education Teaching from UL-Monroe
- MS in Exercise Science from UL-Monroe
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification

## Hobbies and Achievements

- Sports medicine
- Athletics
- Working out
- Family
- Gymnastics



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