

Garrison R.



Team Member Since: 2011

Education & Certifications

- First Aid
- AED (Automated External Defibrillator)
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Playing basketball
- Traveling
- Surfing the internet
- Playing video games
- Weight training



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 305

