

Joanie B.



Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- BA in Social Work from Ferris State College
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Fitness Nutrition Specialist
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Watching movies
- Working out
- Trying new foods
- Traveling



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