

Zach T.

Education & Certifications

- BS in Exercise Sport Science from The Citadel
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist



Certified Personal Trainer
Team Member Since: 2013

Hobbies and Achievements

- Working out
- Surfing
- Hiking
- Working on cars



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 313

