

John S.



Certified Personal Trainer
Team Member Since: 2004
Sessions Serviced:5,000 +

Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- Professional Fitness Instructor Training - Rehabilitative Exercise Specialist

Hobbies and Achievements

- Marathon
- Triathlon
- Weight lifting



For more info about this trainer,
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24hourfitness.com/personaltraining