John S.



Certified Personal Trainer Team Member Since: 2004 Sessions Serviced:5,000 +

Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- Professional Fitness Instructor Training Rehabilitative Exercise Specialist

Hobbies and Achievements

- Marathon
- Triathlon
- Weight lifting



For more info about this trainer, scan this code with your smart phone or visit:

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