

Paulette G.

Education & Certifications

- BA in Paralegal Studies from Notre Dame College, NH
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- International Sports Sciences Assoc. - Fitness Therapy Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist



Fitness Manager
Team Member Since: 2006
Sessions Serviced: 5,000 +

Hobbies and Achievements

- Horses
- Figure Competitor
- Running
- Hiking



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