

Alex K.



Master Trainer
Team Member Since: 2008

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Competitive Swimming
- Movie Fanatic
- Comic Book Collector & Artist
- Improv Acting



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