

Casey R.

Education & Certifications

- BS in Health and Exercise Science from Colorado State University
- AED (Automated External Defibrillator)
- CPR Certification



Certified Personal Trainer
Team Member Since: 2012

Hobbies and Achievements

- 3 Time National Club Baseball Association National Champion @ CSU
- Volunteer Assistant Baseball Coach @ School of Mines
- I love playing pick up basketball on a regular basis.
- I enjoy riding my road bike and going on an occasional trail run..



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