

# Luke H.

## Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Personal Training Institute of Colorado - Personal Training Certification



**Certified Personal Trainer**  
**Team Member Since:**  
2013

## Hobbies and Achievements

- Weight Training
- Football
- Golf
- Tennis
- Off Roding



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)