

Ray U.

Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer



Certified Personal Trainer
Group X Instructor
Team Member Since: 2010

Hobbies and Achievements

- Running 1/2 Marathons
- Cooking at Home



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 326

