

Chris P.



Master Trainer
Team Member Since: 2004
Sessions Serviced: 10,000 +

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Council on Strength and Fitness - Personal Trainer
- National Personal Training Institute of Colorado - Personal Training Certification

Hobbies and Achievements

- Motorcycles
- Football
- Hiking



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