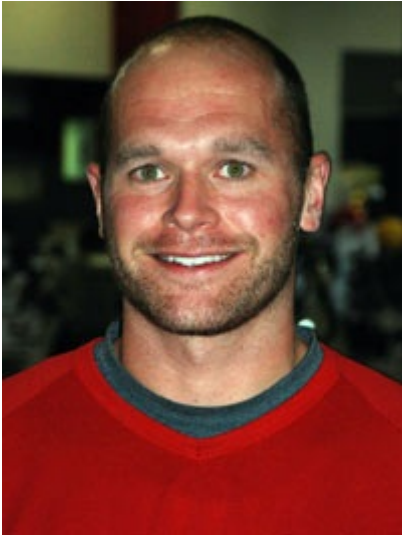


# Michael S.



**Certified Personal Trainer  
Team Member Since: 2010**

## Education & Certifications

- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- International Sports Sciences Assoc. - Fitness Therapy Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist

## Hobbies and Achievements

- Football
- Martial arts
- Wrestling
- Weight lifting
- Spending time with family



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