Jeffrey H.

Education & Certifications

- Enter degree or delete this.
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine Certified Personal Trainer



Certified Personal Trainer Team Member Since: 2012

Hobbies and Achievements

Weight Training Football



For more info about this trainer, scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

