

# Jack W.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- BS in Human Performance Exercise Science from The University of Alabama
- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification

## Hobbies and Achievements

- Internship Alabama Mens Basketball
- Internship Alabama Mens Tennis
- Olympic lifting, power lifting
- Working out
- Hanging out with friends



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