

Jack W.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Human Performance Exercise Science from The University of Alabama
- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification

Hobbies and Achievements

- Internship Alabama Mens Basketball
- Internship Alabama Mens Tennis
- Olympic lifting, power lifting
- Working out
- Hanging out with friends



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24hourfitness.com/personaltraining

Club ID: 334

