

# Steven L.



**Certified Personal Trainer**  
**Master Trainer**  
**TC24 Coach**  
**Team Member Since: 2000**

## Education & Certifications

- BS in Mechanical Engineering
- APEX Nutrition and Exercise
- 24 Hour Fitness - Certified Personal Trainer
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- Professional Fitness Instructor Training - Rehabilitative Exercise Specialist

## Hobbies and Achievements

- Architecture
- Dance (Club Music)
- Jogging



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 334

