

Matt E.



Master Trainer
Team Member Since: 2001

Education & Certifications

- BA in Kinesiology Applied Physiology from University of Colorado Boulder
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist

Hobbies and Achievements

- Skiing
- Golf
- Hiking
- Reading/learning new things



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