

Zech L.



Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- BA in Business Management from Tabor College
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Basketball
- Varsity/JV football coach
- Denver Titans Semi-Pro Football



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining