

Chris N.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- World Instructor Training School - Personal Trainer Certification

Hobbies and Achievements

Lacrosse
Racquetball
Cooking
Swimming
Fishing



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 338