

# Don S.



**Certified Personal Trainer**  
**Team Member Since: 2006**  
**Sessions Serviced: 2,000 +**

## Education & Certifications

- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- Basketball
- Football
- Watching sports
- Weight training



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