

Don S.



Certified Personal Trainer
Team Member Since: 2006
Sessions Serviced: 2,000 +

Education & Certifications

- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Basketball
- Football
- Watching sports
- Weight training



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 339