

Jonathan J.



Master Trainer
Fitness Manager
Team Member Since: 2009
Sessions Serviced: 2,000 +

Education & Certifications

- BS in Psychology from the University of North Texas
- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- College football
- Mountain biking
- Soccer



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