

Eric S.

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist



Certified Personal Trainer
Team Member Since: 2001

Hobbies and Achievements

- Crossfit
- Lacrosse
- Music
- Rally Car Racing



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