

Judi S.



Team Member Since: 2002

Education & Certifications

- BS in Elementary Education from Kent State
- MA in Reading Supervisor from University of Akron
- CPR Certification
- International Fitness Professionals Association - Personal Fitness Trainer Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Council on Strength and Fitness - Personal Trainer
- National Federation of Professional Trainers - Personal Trainer

Hobbies and Achievements

- Cooking
- Working out
- Reading



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