

# Mike J.



**Certified Personal Trainer**  
**Team Member Since: 2000**

## Education & Certifications

- 24 Hour Fitness - Certified Personal Trainer
- AED (Automated External Defibrillator)
- CPR Certification

## Hobbies and Achievements

- Running
- Spending time with my family



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)

Club ID: 348