

# Eric Z.



**Certified Personal Trainer  
Team Member Since: 2012**

## Education & Certifications

- BS in Exercise Science from Texas State University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- Cooper Institute - Personal Trainer Certification
- CPR Certification

## Hobbies and Achievements

- Reading
- Fitness
- Cooking
- Martial Arts



For more info about this trainer,  
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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 349