

Allan G.

Education & Certifications

- BS in Marketing / Finance from University of Denver
- BS in Statistics from University of Denver
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor



Certified Personal Trainer
Master Trainer
Team Member Since: 2012
Sessions Serviced: 2,000 +

Hobbies and Achievements

- Bicycling
- Boxing
- Cooking
- Skiing
- TRX Suspension Training



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