

Michael B.

Education & Certifications

- BA in Sound Technology from Pomona College
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer



Certified Personal Trainer
Team Member Since: 2008

Hobbies and Achievements

- Nutrition coaching
- Music production
- Creative Program Design



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining