

Anne F.



Certified Personal Trainer
Team Member Since: 2010

Education & Certifications

- 24 Hour Fitness - Certified Personal Trainer
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Spending time with my family and friends
- Watching movies
- Weight training



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining