

Seyda P.



Master Trainer
Team Member Since: 2012
Sessions Serviced: 2,000 +

Education & Certifications

- BS in Sports Management from Ege University-Faculty of Physical Education and Sports-TURKEY
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Played tennis professionally for college team for 4 years
- Played volleyball and badminton in select team
- Swimming



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 353

