Seyda P.



Master Trainer
Team Member Since: 2012
Sessions Serviced: 2,000 +

Education & Certifications

- BS in Sports Management from Ege University-Faculty of Physical Education and Sports-TURKEY
- AED (Automated External Defibrillator)
- American Council on Exercise Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. Personal Fitness Trainer

Hobbies and Achievements

- Played tennis professionally for college team for 4 years
- Played volleyball and badminton in select team
- Swimming



For more info about this trainer, scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

