

# Christian B.

## Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Hobbies and Achievements

- Working out
- Football
- Basketball
- Running
- Cooking



**For more info about this trainer,  
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**[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)**