

Tammy H.



Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- BS in Kinesiology from University of North Texas
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Federation of Professional Trainers - Personal Trainer

Hobbies and Achievements

- Soccer
- Cooking
- Reading



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Club ID: 354