

Dustin O.



Certified Personal Trainer
Assistant Fitness Manager
Team Member Since: 2012
Sessions Serviced: 2,000 +

Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Exercise Science
- Spending Time With Family
- Sports
- Currently Enrolled at SHSU Working Towards Business/Engineering Degree



For more info about this trainer,
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24hourfitness.com/personaltraining