

Matthew S.



**Certified Personal Trainer
Team Member Since: 2013**

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification

Hobbies and Achievements

- 5 years active duty Marine Corps
- Weight training
- Martial arts
- Football
- Basketball



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 356