

Dave C.



Certified Personal Trainer
Team Member Since: 2011
Sessions Serviced: 2,000 +

Education & Certifications

- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- ACE Sports Conditioning Specialist
- Division 1 Baseball Oakland University 2006 2008
- USSSA All State Slow Pitch Softball Tournament Team 2009
- 2005 1st Team All County Basketball



For more info about this trainer,
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24hourfitness.com/personaltraining