

Jaime K.



**Certified Personal Trainer
Group X Instructor
Team Member Since: 2012**

Education & Certifications

- BS in Exercise Science from Truman State University
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Health Fitness Specialist
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Running
- Spinning



For more info about this trainer,
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24hourfitness.com/personaltraining