

# Jill P.



**Certified Personal Trainer**  
**Team Member Since: 2011**

## Education & Certifications

- BA in Exercise Science from University of Northern Iowa
- BA in Spanish from University of Northern Iowa
- 24 Hour Fitness - Certified Personal Trainer
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- USA Weightlifting Certification

## Hobbies and Achievements

- Olympic Weight Lifting
- Water sports
- Basketball



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 361