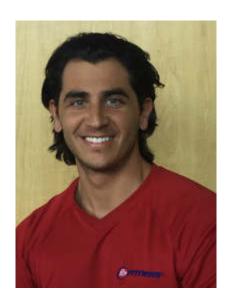
## Seth V.



Certified Personal Trainer Master Trainer Team Member Since: 2008 Sessions Serviced:5,000 +

## **Education & Certifications**

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- KETTLEBELL Certified Kettlebell Instructor
- National Academy of Sports Medicine Corrective Exercise Specialist
- National Academy of Sports Medicine Certified Personal Trainer
- National Academy of Sports Medicine Performance Enhancement Specialist
- National Exercise and Sports Trainers Assoc. Personal Fitness Trainer
- TRX Suspension Training Certified TRX Instructor

## **Hobbies and Achievements**

- extreme soccer
- extreme skiing
- extreme running



For more info about this trainer, scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

**Club ID: 361** 

