

Tom P.



Master Trainer
Team Member Since: 2003

Education & Certifications

- BS in Exercise Science from
- MS in Health, Physical Education and Recreation from
- 24 Hour Fitness - Certified Personal Trainer
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Anything outdoors
- Sports
- Movies



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