

Tom P.



Master Trainer
Team Member Since: 2003

Education & Certifications

- BS in Exercise Science from
- MS in Health, Physical Education and Recreation from
- 24 Hour Fitness - Certified Personal Trainer
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Anything outdoors
- Sports
- Movies



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 361

