

Alicia B.



Certified Personal Trainer
TC24 Coach
Team Member Since: 2013

Education & Certifications

- BA in Criminology/Sociology from Franciscan University
- CPR Certification
- International Sports Sciences Association - Strength and Conditioning Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- TC24 Coach

Hobbies and Achievements

- USAW Olympic Weightlifting
- Mixed Martial Arts
- Brazilian Jiu Jitsu
- Boxing



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 362