

# Alicia B.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- BA in Sociology from Franciscan University of Steubenville
- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Association - Strength and Conditioning Certification
- International Sports Sciences Assoc. - Personal Trainer Certification

## Hobbies and Achievements

- Running
- Reading
- Playing guitar
- Cooking



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