

# Jeremy D.



**Certified Personal Trainer**  
**Fitness Manager**  
**Team Member Since: 2012**  
**Sessions Serviced: 2,000 +**

## Education & Certifications

- BS in Corporate Recreation from Northwest Missouri State University
- MS in Exercise Science from California University of Pennsylvania
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Strength and Conditioning Assoc. - Certified Strength and Conditioning Specialist®

## Hobbies and Achievements

- Family
- Fishing
- Boxing



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