

Jeremy D.



Certified Personal Trainer
Fitness Manager
Team Member Since: 2012
Sessions Serviced: 2,000 +

Education & Certifications

- BS in Corporate Recreation from Northwest Missouri State University
- MS in Exercise Science from California University of Pennsylvania
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Strength and Conditioning Assoc. - Certified Strength and Conditioning Specialist®

Hobbies and Achievements

- Family
- Fishing
- Boxing



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 362

