

# Jeremy T.



**Master Trainer**  
**Team Member Since: 2010**

## Education & Certifications

- BA in Marketing from University of Mississippi
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Strength and Conditioning Assoc. - Certified Strength and Conditioning Specialist®
- USA Weightlifting Certification

## Hobbies and Achievements

- College Baseball
- College Football
- Olympic lifting
- Kettlebell training
- Music



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Club ID: 362