Jeremy T.



Master Trainer
Team Member Since: 2010

Education & Certifications

- BA in Marketing from University of Mississippi
- CPR Certification
- National Academy of Sports Medicine Corrective Exercise Specialist
- National Academy of Sports Medicine Certified Personal Trainer
- National Academy of Sports Medicine Performance Enhancement Specialist
- National Strength and Conditioning Assoc. Certified Strength and Conditioning Specialist®
- USA Weightlifting Certification

Hobbies and Achievements

- College Baseball
- College Football
- Olympic lifting
- Kettlebell training
- Music



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