

Jeremy T.



Master Trainer
Team Member Since: 2010

Education & Certifications

- BA in Marketing from University of Mississippi
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Strength and Conditioning Assoc. - Certified Strength and Conditioning Specialist®
- USA Weightlifting Certification

Hobbies and Achievements

- College Baseball
- College Football
- Olympic lifting
- Kettlebell training
- Music



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining