

Joseph B.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Kinesiology-Exercise Science from University of Houston
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Training
- Spending time with family
- Relaxing
- Learning
- Laughing



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