

Joseph B.



Certified Personal Trainer
Master Trainer
Team Member Since: 2013

Education & Certifications

- BS in Kinesiology-Exercise Science from University of Houston
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Training
- Spending time with family
- Relaxing
- Learning
- Laughing



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 362