

Keith F.



Certified Personal Trainer
Master Trainer
Team Member Since: 2013

Education & Certifications

- BS in Health and Recreation from Tougaloo College
- MS in Science in Kinesiology from Lamar University
- AED (Automated External Defibrillator)
- CPR Certification

Hobbies and Achievements

- Mens Basketball Scholarship, 2006-2010
- Two-time Conference Champion, 2007 / 2009
- Vice Presidential Scholar, 2010
- Outstanding Senior Athlete, 2010
- Basketball
- Family
- Inspecting/building bikes
- Video games



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Club ID: 362