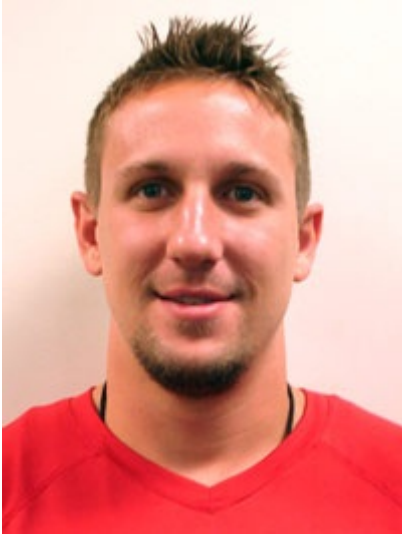


# Phil W.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BS in Exercise Science from Sam Houston State University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- USA Weightlifting Certification

## Hobbies and Achievements

- Running
- Football
- Cooking
- MMA



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