

Andrew H.



Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- BS in Exercise Science from University of Central Missouri
- 24 Hour Fitness - Certified Personal Trainer
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Assistant Wrestling Coach Park Hill High School
- Bronze Level Certification with USA Wrestling
- Spending time with friends and family



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining