

Trey O.

Education & Certifications

- 24 Hour Fitness - Certified Personal Trainer
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer



Certified Personal Trainer
Team Member Since: 2011

Hobbies and Achievements

- Mixed Martial Arts
- Fitness
- Outdoors
- Family



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining