

Juan G.



Master Trainer
Team Member Since: 2012

Education & Certifications

- BS in Psychology from Texas A&M Commerce
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Served in Operation Iraqi Freedom, 2007-2009
- Competing in Tough Mudder Run, 2012
- Working out with friends



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