

Justin K.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BS in Exercise Science from Texas Wesleyan University
- AED (Automated External Defibrillator)
- Cooper Institute - Biomechanics of Resistance Training
- Cooper Institute - Personal Trainer Certification
- CPR Certification

Hobbies and Achievements

- Baseball
- Sports
- Fishing
- Running
- Working out



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 365