

Dave A.



Certified Personal Trainer
Master Trainer
Team Member Since: 2010
Sessions Serviced: 2,000 +

Education & Certifications

- BA in Sociology and Anthropology from West Virginia University
- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Federation of Professional Trainers - Personal Trainer

Hobbies and Achievements

- Football
- Cross-fit
- Obstacle course racing



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 366