

Nicholas L.

Education & Certifications

- BA in Exercise Science from University of Houston
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification



Certified Personal Trainer
Team Member Since: 2013

Hobbies and Achievements

- Archery
- Napping
- Marine Corps



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24hourfitness.com/personaltraining

Club ID: 366

