

# Ron M.



**Team Member Since: 2006**

## Education & Certifications

- BA in Applied Behavioral Science from National-Lewis University
- CPR Instructor
- 24 Hour Fitness - Certified Personal Trainer
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

## Hobbies and Achievements

- Indoor cycling
- Investments
- Outdoor activities



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[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)

Club ID: 366

